

## Part II – The Seven Gates of Initiation

### Gate I. Remembrance: Awakening to the Eternal Khem

*“The First Gate opens not before you, but within you.  
The sands of time fall away, and the temple of light arises from your  
own breath.”*



**Lotus rising from water.** Awakening / Remembering

## Teaching Discourse – The Return to Origin

The First Gate marks the moment of awakening, the quiet stirring of the ancient current within the soul.

Here, remembrance dawns: the recognition that Egypt, or Khem, is not a land bound by time, but the *eternal field of divine consciousness* from which all creation emerges.

In the depths of being, this sacred geography has never vanished. The temples of Abydos and Karnak, the chants of Tehuti, and the Measure of Ma'at all remain encoded within the living archive of the human soul.

To remember the Eternal Khem is to awaken the temple that sleeps within the self, to realize that every breath, every heartbeat, and every act of awareness participates in the cosmic rhythm of creation.

The Gate of Remembrance is not a passage through space; it is an inward turning, a return to the Light that has always been.

When you cross this threshold, you cease to seek the divine in distant times or places; you begin to perceive it pulsing quietly within your own being.

As the Pyramid Texts declare:

*“Raise yourself, O soul; you are not dead.*

*Your heart is the heart of Ra; your bones are the bones of the gods.”*

The journey begins here, in stillness, in silence, in remembrance.

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## Invocation — The Call of the Hidden Flame

*To be spoken aloud before meditation or study. You may light a single white candle as you recite.*

O Flame that burns before the worlds were formed,  
O Breath that moves through the silence of eternity,  
I call upon Thee within the sanctuary of my heart.

O Tehuti, Keeper of the Divine Word,  
Inscribe upon my being the memory of what I am.

O Ma'at, Feather of Truth and Flame of Balance,  
Align my steps to the measure of thy law.

O Ra, Hidden Light within the Hidden Flame,  
Awaken in me the dawn that never fades.

I remember the Eternal Khem,  
the temple of light that breathes within all things.

*So let it be written in the measure of the gods;  
so let it be lived upon the Earth.*

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## Meditation — The Breath of Khem

**Purpose:** To awaken remembrance and attune the initiate to the living current of Egypt within.

**Duration:** 10–15 minutes

Sit in stillness. Let your spine rise as the Djed pillar, the axis of divine stability.

Breathe in for four counts; breathe out for four counts, the Breath of Ma'at.

With each inhalation, imagine golden light rising from beneath the Earth, entering through the soles of your feet.

Let it spiral upward through your legs, your spine, your heart, until it reaches the crown of your head.

A voice arises within, calm and ancient:

*"I am the temple you seek.  
I am the current beneath the sands of time.  
Remember me, for I have never forgotten you."*

Let these words resound in your heart. With every breath, whisper inwardly:

*"I am the Eternal Khem."*

Rest in that stillness. Let remembrance arise not as thought, but as vibration.

When the meditation is complete, bring your awareness gently back, carrying the golden current of Khem within your heart.

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## Ritual Practice – The Rite of Awakening

**Purpose:** To consecrate your space and declare your alignment with the Eternal Khem.

**Materials:**

- One small white candle (symbol of the Hidden Flame)
- A bowl of clear water (symbol of the Nun, the primordial waters)
- A natural stone (symbol of Earth and temple foundation)

**Procedure:**

1. Prepare your space in quiet reverence. Place the candle in the center, the bowl of water to the left, and the stone to the right.

2. Light the candle and say aloud:

*"I kindle the Hidden Flame, the Light that remembers."*

3. Dip your fingers into the water; touch your forehead and heart, saying:

*"May clarity dwell within my mind, and purity within my heart."*

4. Place your hand upon the stone and speak:

*“I stand upon the foundation of the Eternal Khem,  
and I remember that I am both temple and flame.”*

5. Sit in silence for several breaths, allowing the stillness to settle around you.

6. End with:

*“The Flame was never lost; it burns within me.”*

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## Reflection & Journal

After completing the meditation or ritual, record your impressions in *The Temple Book of Light*.

1. What does remembrance mean to me beyond memory?
2. When I think of Egypt or Khem, what inner landscape arises?
3. What part of me has longed to awaken, and how does it speak now?
4. How can I begin to live each day as a temple, and each breath as a prayer?

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## Closing Verse

*“I am the Eternal Khem.  
The Light remembers me, and I remember the Light.”*